



Limitations of Outpatient Treatment

The Oviedo Counseling Clinic (OCC) is an outpatient clinical training facility for masters level counseling students. Providing quality care to our clients is important to us. If, in the course of your treatment at OCC, you are diagnosed with a severe and/or persistent mental illness, your counselor, in consultation with their supervisor and the Clinical Director of Counseling Services, will evaluate the best course of action. Possible options include:

- (1) Continue treatment at OCC with ongoing evaluation,
- (2) Continue treatment at the OCC in conjunction with other mental health services (e.g., psychiatric care, group therapy, an eating disorder dietician, etc.)
- (3) Referral to a treatment provider or facility who can provide a higher level of care.

Examples of severe and or/persistent mental illness include (but are not limited to): psychotic disorders, severe depression with suicidal intention, certain personality disorders, substance use disorders, and significant eating disorders.

If it is determined that the OCC cannot provide adequate care for you, our OCC staff will provide referrals to appropriate mental health providers in the Central Florida area. Your counselor will work with you to determine a reasonable timeline for your transition to another care provider.

Signature of Client: _____ Date: _____

Signature of Guardian: _____ Date: _____

(If client is a minor)

Witnessed by: _____ Date: _____

Signature of Witness: _____